

Measurement Chart

Customary Length

12 inches (in)	=1 foot (ft)	= length of floor tile
3 feet (ft)	=1 yard (yd)	= a little less than 1 meter
36 inches (in)	= 1 yard (yd)	
5280 feet (ft)	=1 mile (mi)	= about 2 kilometers
1760 yards (yd)	= 1 mile (mi)	

Capacity

8 fluid ounces (fl oz)	= 1 cup ©	= 1 school milk carton
2 cups ©	= 1 pint (p)	
2 pints	= 1 quart (qt)	
4 quarts (qt)	= 1 gallon (gal)	= large milk carton

Mass

16 ounces (oz)	= 1 pound (lb)
2000 pounds (lb)	= 1 ton (t)

Time

60 seconds (sec)	= 1 minute (min)
60 minutes (min)	= 1 hour (hr)
24 hours	= 1 day
7 days	= 1 week
4 weeks	= 1 month
52 weeks	= 1 year
12 months	= 1 year
10 years	= 1 decade
100 years	= 1 century

Metric Capacity – Liters

1 milliliter (ml)	= 2-3 drops (eyedropper)
1 liter (l)	= 1000 milliliters (ml) or about 1 quart (qt)

Metrics – Length

1 millimeter (mm)	= about as thick as one dime
1 centimeter (cm)	= 10 millimeters = as wide as key on computer
1 meter (m)	= 100 centimeters = distance from floor to knob
1 kilometer (km)	= 1000 meters (m) = about ½ mile

Metrics Grams- Mass

1 gram (g)	= about the mass/weight of paper clip
1 kilogram	= about 2 pounds (lbs)